

Losing can be a good thing

BY MARIAN MCMAHON
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LAKE COUNTY – Being a big loser had negative connotations decades ago, but now, being the biggest loser can be a good thing, when what is lost is weight.

The Lake County Board of Commissioners recognized the biggest losers in the third year of the program among county employees at its April 12 meeting.

"Five years ago we started the Biggest Losers contest, hoping to encour-



PHOTO BY MARIAN MCMAHON

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Biggest Losers for 2012, among Lake County employees, are Anne Curwen, Sharon Sweeney, Michele Herron, Michelle Thompson and Matt Myers (not pictured), members of the Waistaways, from Lake County Job and Family Services.

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age our employees, obviously, to lose some weight," said Bill Margalis, director Of Administrative Services for the county. "I know the Lake County (General) Health District has a program for the entire county on it."

This year's male Biggest Loser was Matt Myers from Job and Family Services. The female Biggest Loser was Michelle Thompson, also from Job and Family Services who lost 12 percent

of her weight. They were both awarded \$100 gift cards from Giant Eagle.

The winning team was the Waistaways from Job and Family Services with members Anne Curwin, Sharon Sweeney, Matt Myers and Michelle Thompson.

"The Waistaways lost 9.62 percent of their total weight which was over 90 pounds," Margalis said. "This is not the first time they have won the contest."